

ALLERGY GUIDELINES

Anaphylaxis is a severe, life-threatening reaction to food, medication or insect bite. Anaphylactic shock is sudden and may be fatal. It is the goal of the KISD Health Services Dept to prevent and protect our students from such a reaction.

RESPONSIBILITIES FOR THE PARENTS

1. Notify the school, teacher and school nurse of the student's allergy.
2. Provide the school nurse with written documentation, instructions, and medications as directed by a physician. Be aware of medication expiration dates.
3. Along with the school nurse, develop an Allergy Individualized Healthcare Plan for your student listing the allergen, medication and emergency procedures to be followed.
4. Keep emergency contact information current with the school and school nurse.
5. Educate your child about avoidance of specific allergens such as peanut products or bees as well as the signs and symptoms of anaphylaxis.

RESPONSIBILITIES FOR THE REGISTERED SCHOOL NURSE

1. Have knowledge of specific allergies for each student on campus. Document on School Nurse Computer program.
2. Along with the parent, complete an Allergy Individualized Healthcare Plan for severe allergies outlining the allergen, medication and emergency protocol to be followed in the event of an exposure. Ensure staff members with a need to know have access to the plan.
3. Have appropriate medication and the physician's written order available. Be sure to check for expiration dates. TRAIN APPROPRIATE STAFF MEMBERS in the administration of emergency medication. Document the training.
4. Educate appropriate staff about allergies, signs, symptoms and method of treatment.
 - o Teachers
 - o Cafeteria Employees
 - o Coaches/PE Teachers
 - o Bus Drivers
5. Plan for field trips and off campus events. Train teachers in the administration of an Epi Pen that is to accompany the student.

RESPONSIBILITIES FOR THE STUDENT

1. The student should not trade food with others.
2. The student should wear a medical alert bracelet or other identification.
3. The student should not eat anything with unknown ingredients or known to contain any allergen.
4. The student should be proactive in preventing an exposure to insect or food allergen.
5. The student should notify an adult immediately if they have ingested a food allergen or have been exposed to an insect allergen by being bitten or stung .