



**Keller Independent School District  
Concussion Management Protocol**

Athlete Name: \_\_\_\_\_ Injury Date: \_\_\_\_\_

Sport: \_\_\_\_\_ Campus: \_\_\_\_\_

- 1) Athlete evaluated to have sustained a possible closed head injury
  - Extreme symptoms = Refer immediately for medical evaluation (documentation required) as mandated HB 2038
  - No extreme symptoms = Concussion Home Instruction form sent home to parents and Concussion Management Protocol discussed
- 2) If immediate referral is not needed, reassessment will take place 24-48 hours post injury to determine if symptoms still existent. The student athlete will be evaluated by Keller ISD medical staff to determine the need to see a physician and enter the Keller ISD closed head injury protocol.
- 3) **Soft Protocol:** If student athlete presents the following 24-48 hours post-injury...
  - Asymptomatic
  - Normal physical exam and normal symptoms sheet by Keller ISD medical staff
  - Non-contact sports appropriate practice with no symptoms occurring
  - Then student may return to full participation.
- 4) **Hard protocol:** If student athlete continues to experience closed head injury symptoms 48 hours post-injury, then he/she enters one of the following protocols (confirmed head injury):
  - Diagnosis of a concussion by a physician (documentation required)
  - Physical exam/symptoms sheet by Keller ISD medical staff
  - 48 hours symptom free (cognitive test given)
  - Cognitive test interpreted as normal by CIC physician and athlete has a normal physical exam
  - Completion of return to play progressions with no reoccurring symptoms
  - Completed and signed UIL release form
- 5) Teacher will receive an informational letter concerning the student athlete from an athletic trainer, school administrator or nurse, a copy of the informational letter will be sent to the coach that is involved with the student athlete.

6) If physicians deem it necessary to prescribe academic accommodations, those accommodations will be communicated immediately with:

- Appropriate Assistant Principal
- Appropriate Counselor
- Teachers
- Nurse
- Head Coach

The Athletic Trainer will be responsible for communicating modifications with the appropriate assistant principal, who in turn will be responsible with contacting the teachers of the student athlete.

CIC Physician Definition:

Clinicians who have earned the title of Credentialed ImPACT Consultant (CIC) have undergone specialized ImPACT training and education to offer state-of-the-art concussion care management to their patients. ImPACT offers training courses that help CICs administer the test properly, interpret clinical data, detect errors on clinical reports, incorporate data from vestibular and ocular screenings, identify sandbaggers, select post-injury treatment options and academic accommodations, and much more.