

SUMMER WRESTLING CAMPS

May 30 - June 1

8:00 - 10:00 am

AGES: K through 8th Grade (2023-24 school year)

Camp Location:
Keller High School Wrestling Room
601 N. Pate Orr Rd.
Keller, TX 76248

Camp Director: Jim Schee
Office: 817.744.1688
Cell: 817.714.8047
email: james.schee@kellerisd.net

Primary skills that will be taught:

Stance/Motion
Penetration Step/Level Change
Stand Ups/Switches
Grips/Hand Control
Sprawls
Basic Rolls /Hip Awareness

Secondary skills that will be introduced:

FUN
Sportsmanship
Discipline
Work Ethic
Teamwork

Camp Fees: \$75.00 (\$100.00 after May 15th)

Register thru QR Code:

