

FOSSIL RIDGE STRENGTH & CONDITIONING CAMPS 2021

JUNE 14 - JULY 29



OFF FRIDAYS & WEEK OF JULY 5TH

LOCATION: FOSSIL RIDGE HIGH SCHOOL FOOTBALL FIELD

<i>INCOMING</i> 7TH - 8TH GRADES <i>ALL SPORTS</i>	7:30 - 8:30 AM	\$80 / ATHLETE
9TH GRADE	7:30 - 9:30 AM	\$125 / ATHLETE
10TH - 12TH GRADES	8:30 - 10:30 AM	\$125 / ATHLETE

WHAT TO WEAR & BRING: SHORTS, T-SHIRT, MASK, CLEATS OR SNEAKERS, 1-GALLON WATER BOTTLE

SEND QUESTIONS TO COACH RAMSEY AT DEREK.RAMSEY@KELLERISD.NET

PLEASE DETACH AND RETURN REGISTRATION INFORMATION.

PLAYER LAST NAME: _____ **PLAYER FIRST NAME:** _____ **GRADE:** _____

ADDRESS: _____ **CITY:** _____ **ZIP CODE:** _____

PHONE NUMBER: _____ **E-MAIL:** _____

I HEREBY GRANT PER PERMISSION FOR MY SON/DAUGHTER TO PARTICIPATE IN THE FOSSIL RIDGE STRENGTH AND CONDITIONING CAMP AND ACKNOWLEDGE THAT HE/SHE IS PHYSICALLY ABLE TO PARTICIPATE IN CAMP ACTIVITIES. I RELEASE KELLER INDEPENDENT SCHOOL DISTRICT, FOSSIL RIDGE FOOTBALL, AND ITS EMPLOYEES FROM ALL CLAIMS FOR INJURIES OR ILLNESS WHICH MAY BE SUSTAINED BY MY SON/DAUGHTER AT THE FOSSIL RIDGE STRENGTH AND CONDITIONING CAMP.

PARENT NAME: _____ **PARENT SIGNATURE:** _____ **DATE:** _____

MAKE CHECKS PAYABLE TO: FOSSIL RIDGE FOOTBALL

MAIL REGISTRATION TO:

**FOSSIL RIDGE FOOTBALL
C/O COACH RAMSEY
4101 THOMPSON RD
FT. WORTH, TX 76244**