

The Keller ISD Child Nutrition Department is providing curbside meals from June 3 – August 12, 2021. Breakfast & lunch meals will be handed out from 11 am-1 pm on Mondays and Thursdays at all four of the district's high schools.

Storage Instructions

Meals should be refrigerated or frozen within 2 hours of meal pickup and kept refrigerated or frozen until ready to consume or cook (where appropriate). Items that require proper heating before consuming have heating instructions included.

Thaw & Serve Instructions

Products should be placed immediately in the freezer, and if applicable, thawed under refrigeration for consumption. For your safety, thawed products should be disposed of in 3-7 days, if not consumed. The following items can be consumed once re-heated. Once heated, the product should be discarded after 6 hours if not consumed.

Heating Instructions

Mini Corn Dogs

For best results, heat from a frozen state. Reheat to 140°F before consumption.

Microwave: Remove food item from metal packaging and place on a microwave-safe dish. Heat on high for 45-50 seconds.

Cheesy Breadsticks

For best results, heat from a frozen state.

Microwave: Remove food item from metal packaging and place on a microwave-safe plate. Heat frozen product on high power in 60-90 second intervals until internal temperature reaches 140°F.

Bean & Cheese Burrito

Heat to 140°F before consumption. Microwave: Remove food item from metal packaging and place on a microwave-safe dish. Heat frozen product 2-3 minutes on high, thawed product 1-2 minutes on high.

Pizza Sandwich

For best results, heat from a frozen state. Heat to 140°F before consumption.

Microwave: Remove food item from metal packaging and place pouch on a microwave-safe dish. Heat for 1:45-2:15 minutes.

Breaded Steak Fingers

For best results, heat from a frozen state. Microwave: Remove food item from metal packaging and place on a microwave-safe dish. Heat frozen product on high for 2-4 minutes or until internal temperature reaches 165°F.

Breaded Chicken Patty & Chicken Nuggets

For best results, heat from a frozen state. Microwave: Remove food item from metal packaging and place on a microwave-safe dish. Heat frozen product on high power in 60-90 second intervals until internal temperature reaches 140°F.

Hamburger/Cheeseburger (Precooked)

For best results, cook from thawed state in the oven.

Microwave: Remove food item from metal packaging and place on a microwave-safe plate. Heat frozen product on high power in 60-90 second intervals until internal temperature reaches 140°F.

Chicken Teriyaki, Sweet & Sour Chicken, Chicken Enchilada Bake, Pasta mixed with sauce

Microwave: Remove food item from metal packaging, place on microwave-safe dish, cover food and place in microwave. Heat in increments of 30-60 seconds, stirring for even heating. Heat until internal temperature reaches 165°F.

Turkey Hot Dog

Microwave: Remove food item from metal packaging, place frank on microwave-safe dish. Heat thawed frank on high for 30 seconds, open microwave door and let rest 10 seconds. Heat for an additional 30 seconds. Heat until internal temperature reaches 140°F.

Breaded Chicken Drumstick

For best results, heat from a frozen state. Microwave: Remove food item from metal packaging and place on a microwave-safe dish. Heat frozen product on high power in 60-90 second intervals until internal temperature reaches 140°F.

Frozen Vegetables

Steam frozen vegetables by placing them in a microwave-safe dish and adding a few tablespoons of water. Microwave veggies in 60-90 second intervals until internal temperature reaches 135°F.