



**School Health Advisory Council
November 20, 2019
Meeting Minutes (Pending Approval)**

The second KISD School Health Advisory Council (SHAC) meeting for the 2019/2020 school year was held on Wednesday, November 20, 2019 in the KISD EDC, Lonestar Room. The meeting was called to order by Tricia Atzger-John, RN - KISD Director of Health Services - at 8:15 a.m.

Members present:

Tricia Atzger-John
Candace Harriman
McKensie Montgomery
Jennifer Fox
Sheri Rich
Jennifer Todd
Kelly Vandewalker
Andrea Gaszak
Heather Migneault
April Dodson Alonso
Diane Wormley
Katherine Wardlaw
Dr. Tonya Fuqua

Guests in attendance: Tara Dowling (Parent, Hidden Lakes Elementary) and Fran Schmidt (KHS, Healthy Lifestyles Chair)

Members of SHAC gave brief introductions of themselves, including position held in the school district, grade levels and campus representation.

Minutes from the September 25, 2019 SHAC meeting were approved by the group with no suggested changes.

Tricia Atzger-John presented the need to review and revise the KISD Wellness Plan. Volunteers were solicited for this project. Diane Wormley, April Dodson Alonso, Heather Migneault, and Andrea Gaszak volunteered to assist. Planning meetings will be held December 10th and January 14th from 8 a.m. - 9 a.m. in Tricia's office at the EDC. The goal is to have the Wellness Plan fully updated and ready to present to SHAC at the January 22nd meeting.

Tricia shared a department update for Health Services. The KISD Screen Team continues to screen students as mandated by the State of Texas. These screenings are slated to be complete in February. The KISD Severe Food Allergy At-Risk for Anaphylaxis Plan was

completed after the September SHAC meeting. The updated plan may be found on the KISD Health Services website. Tricia explained two of the most important changes to the plan include the removal of an Allergy Free Table, which removes students from their class entirely, to an Allergen Free Zone. This new change allows students with food allergies to remain at the table with their class and is in alignment with the USDA School Lunch program requirements. The second change includes campus administration will communicate with custodial services to make arrangements for special cleaning procedures for appropriate areas in the cafeteria. All campuses are conducting flu surveillance and submitting information to the Tarrant County Health Department. We do have campuses who are seeing a significant rise in flu cases. Tricia encouraged all who are able to get a flu shot for this season. Tricia shared that a recent concern regarding elementary outdoor recess weather guidelines was brought forth by a district staff member. The current guidelines address cold weather but do not reflect parameters for heat. New guidelines will be written, in collaboration with PE, so that the two documents are in alignment to reduce confusion between campus staff and parents. The new guidelines will be presented to SHAC for feedback during the January meeting. Dr. Fuqua shared that Save A Smile was approved to include KISD Early Learning Center - South in the upcoming school year's schedule. Currently, Save A Smile provides services for students at Parkview and Whitley Road elementary schools. All services provided to students who need dental attention are provided free of charge to the family. Local dentists volunteer their time and services.

Jennifer Todd, KISD Director of Guidance and Counseling, provided an update regarding the Shattered Dreams program. Marcene Weatherall, Director of Counseling Intervention Services, was not able to be in attendance. Jennifer reported that a parent committee was formed after the last Shattered Dreams event due to parental concerns. The mental health component of the event is a top priority for the parents participating on the committee. To give the committee time to review the program and make suggestions for improvements, Timbercreek High School will not participate in Shattered Dreams this school year. Fossil Ridge High School is slated to participate during the 2020/2021 school year. Program changes will be shared with the SHAC committee when they are available. Jennifer also discussed TBRI (Trust-Based Relational Intervention) which includes training for teachers in empowerment of students, attachment, and social connections. TBRI also provides training in assessing threats related to safety and security.

Sheri Rich, KISD Director of Employee Benefits, shared that KISD has an Employee Health and Wellness Plan that is coordinated with United Healthcare. Employees who are on district insurance plans have access to a Wellness Center for both health promotion, as well as acute and chronic health conditions. December is a month of practicing gratitude. Employees will be encouraged to participate in the American Heart Association's 21 Days of Gratitude. Sheri also shared a few social media outlets the district uses to promote wellness. Twitter - @kisdwellnes and Facebook - Keller Working on Wellness. Just recently, Keller ISD was recognized among the top 100 healthiest workplaces in America. Sheri also shared KISD will be participating in Go Red Day which is held on Friday, February 7, 2020. Casey's Kids Fun Run and Health Expo will be held on Saturday, March 28, 2020. There will be a 5K and 1 mile fun run along with a variety of vendors. Casey's Fun Run benefits students within KISD.

Kelly Vadewalker, KISD PE Coordinator, shared that some students just completed the 21 Day Healthy Snack Challenge. The current challenge for the month is No Soda November. Several campuses have already held field days. Secondary campuses are gearing up for Fitnessgram.

McKensie Montgomery, KISD Dietician, shared that all Keller ISD high schools received a \$500 prize for their success in the Nationwide Healthy High School Challenge. McKensie provided information regarding the Future Chef Competition where students are given an opportunity to create their own unique snack recipe. Entries are due December 13th. Nutrition services is scheduled for a routine state audit on March 18, 2020. A targeted area for this audit includes compliance with Smart Snacks. McKensie shared information with the council regarding Smart Snacks and fundraisers regulations.

LePaula Smith, KISD Director of Operations and Distribution, was unable to attend the meeting but updated the department slide prior to the meeting. Tricia shared that Operations and Distribution are working beside campuses that have seen a rise in flu cases. The custodial staff are trained in using Oxivier as a disinfectant on all touchable surfaces in affected areas. This is a touchless cleaning system to help with efficient cleaning practices during peak illness seasons. All Safety Data Sheets (SDS) are now available using a QR reader.

Tricia provided future SHAC meeting dates: January 22, 2020; April 22, 2020. All meetings will be held in the Keller ISD, EDC - Lonestar Room @ 350 Keller Parkway from 8:15 a.m. - 9:15 a.m.

Meeting was adjourned at 9:10 a.m. by Tricia Atzger-John, RN.