



**School Health Advisory Council
September 25, 2019
Meeting Minutes**

The first KISD School Health Advisory Council (SHAC) meeting for the 2019/2020 school year was held on Wednesday, September 25, 2019 in the KISD EDC, Lonestar Room. The meeting was called to order by Tricia Atzger-John, RN - KISD Director of Health Services - at 8:15 a.m.

Members present:

Tricia Atzger-John
Candance Harriman
McKensie Montgomery
Anita Peden
LePaula Smith
Jennifer Fox
Sheri Rich
Jennifer Todd
Carrie Simmons
Jeff Slone
Andrea Gaszak
Heather Migneault
Maria Wang
Bonnie Bueter
Veronica Bartosh
April Dodson Alonso
AnaLuisa Carbajal
Eric Remington
Cassandra Smith
Dr. Tonya Fuqua
Diane Du
Greta Bergman

Members of SHAC gave brief introductions of themselves, including position held in the school district, grade levels and campus representation.

Tricia Atzger-John presented a short history of SHAC and why this council is important. The State of Texas mandates every public school district will have a School Health Advisory Council with the majority of the members must be parents who are not employed by the school district. The role of the SHAC is to assist the school district in ensuring that local community values are reflected in health education and must meet at least four times each school year. Tricia shared her vision for the KISD SHAC, which includes

transitioning the council to a parent-driven council so that the work more accurately reflects and represents the values of the KISD community. The council will currently operate with Tricia as the Chair and a parent Co-Chair as it has operated over the past years, and the transition will take place over the course of this school year. Beginning with the 2020/2021 school year, the council will operate under parent roles of Chair, Co-Chair, and Secretary. April Alonso, parent representing Chisholm Trail Intermediate School, offered to serve as Co-Chair for this school year. April Alonso was named Co-Chair of the KISD SHAC for the 2019/2020 school year.

Tricia shared a video with the council regarding immunizations and herd immunity to bring awareness to immunization effectiveness and the purpose of immunization requirements in schools. The video link is:

<https://www.youtube.com/watch?v=rAGHXMq9ttw#action=share>

There were no further discussions or questions regarding immunizations from the council.

Tricia shared a department update for Health Services. The KISD Screen Team is currently working through the campuses conducting state mandated screenings. Students are screened for complications related to vision and hearing according to the following schedule: 4 years, Kinder, First, Third, Fifth, and Seventh grades. Students are also screened for acanthosis nigricans, a marker for possible type two diabetes. Spinal screenings are conducted for female students in fifth and seventh grades. Males are screened for spinal abnormalities in eighth grade. Health Services is working on building the clinic substitute team in an effort to keep all clinics served by a licensed nurse in the absence of the full-time nurse. There is a clinic substitute job posting on the KISD website for nurses to apply. The KISD Back to School Bash, a district-wide event, was a great success this year. Immunizations were offered by two vendors, Lion's Club offered vision screening and assistance, Save A Smile conducted dental screenings and assisted several students identified to have dental complications. There were many more vendors present supporting KISD students. Dr. Fuqua introduced the Save A Smile program and the campuses being served this school year - Whitley Road and Parkview Elementary Schools. Tricia shared the addition of AEDs to the district's AED program. Project Adam is helping provide traveling AEDs for the four high school marching bands. Additional AEDs have been purchased for the four high school athletic trainers and the concession stands at the KISD stadium complex. During this most recent legislative session, the State of Texas passed HB 496. This bill mandates bleeding control kits on school campuses with training for campus staff and students in grades 7-12. Tricia explained the TEA has been tasked with identifying training requirements. Once this information is made available, training will be made available for campus staff. Health Services and Athletics are in communication to plan feeder pattern events that will take place in the spring which will include sports physicals, immunizations, hands-only CPR, AED awareness, and bleeding control.

Jennifer Todd, KISD Director of Guidance and Counseling, presented a department update. Over the past few weeks, students in specific grade levels (6th, 7th, 9th and 11th) are learning about suicide awareness and screening tools. KISD Counseling services is also working with pilot campuses on Social Emotional Learning (SEL) programs. Current

SEL campuses are: Timber Creek High, Indian Springs Middle, Chisholm Trail Intermediate, Parkwood Hill Intermediate, Freedom Elementary, Parkview Elementary, Sunset Valley Elementary, Liberty Elementary, Caprock Elementary, Independence Elementary, Woodland Springs Elementary, Early Learning Center - North. New campuses will be added each year. Parents provided feedback regarding the Shattered Dreams program that was held at Keller High School last spring. Jennifer explained this program falls under Counseling Intervention Services. Jennifer will make arrangements for this department to be present at the next SHAC meeting to discuss parental concerns around the Shattered Dreams program.

Sheri Rich, KISD Director of Employee Benefits, presented on employee health and wellness. During the month of October, KISD staff are being encouraged to participate in the 21-Day Healthy Snack Challenge @ Work. Each campus is encouraged to have an employee wellness committee who is responsible for campus wellness activities. KWOW, Keller Working on Wellness, provides employees with health tips. Additionally, each campus is encouraged to participate in an annual competition with a prize that provides funds to the campus for wellness activities.

Carrie Simmons, KISD PE Coordinator, updated the council with activities related to campus PE classes. Many schools are hosting APEX Fun Runs on campuses. Some campuses are participating in the 21 Day Healthy Snack Challenge. Sign up information was provided to students on participating campuses. Students who sign up for the challenge receive a recipe book with health snacks that students can create with minimal adult supervision. Several campuses are transitioning to Fall Field Days in an attempt to relieve some scheduling complications due to state testing schedules and heat.

McKensie Montgomery, KISD Dietician, and Anita Peden, Director of Child Nutrition with Sodexo, presented on student programs related to nutrition. Sodexo sponsors an annual challenge to high school students. The Healthy High School Challenge is a nationwide competition that encourages students to make healthy choices in the cafeteria. Purchases are tracked at the point of sale in the cafeteria. Students earn points for their school every time they make a health choice purchase. Winning high schools are presented a check at the end of the competition. The week of October 21-25, Sodexo is sponsoring a "Waste-less" competition between campuses. The purpose of this competition is to bring awareness to food waste. At the end of each lunch period, food waste is weighed. The class with the least amount of wasted food will win a prize. Food services will have a state audit March 2020. Part of this audit includes the tri-annual review of the district wellness policy. During the November SHAC meeting, we will begin to review the current policy and look at potential changes.

LePaula Smith, KISD Director of Operations and Distribution, introduced department responsibilities to the council. Operations and Distribution maintains district facilities and monitors materials used in operations for safety and efficacy. This department works closely with Health Services during illness outbreaks, such as the flu, to provide additional means of disinfectant in affected areas of our campuses.

Tricia provided future SHAC meeting dates: November 20, 2019; January 22, 2020; April 22, 2020. All meetings will be held in the Keller ISD, EDC - Lonestar Room @ 350 Keller Parkway from 8:15 a.m. - 9:15 a.m.

Meeting was adjourned at 9:18 a.m. by Tricia Atzger-John, RN.

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