



Keller Independent School District

School Health Advisory Council Meeting

Meeting Minutes, April 19, 2018

The SHAC met on April 19, 2018 at 8:15 am in the Lonestar Room at the Education Center. There were 11 present.

Anita Peden presented on Child Nutrition Updates

- Taste 4 will be piloting on the CHS campus beginning April 30<sup>th</sup>. Taste 4 will feature a rotating menu with a featured Global Menu. Taste 4 will be designed to resemble a market. The plan is to roll it out to all 4 high schools in the fall of 2018.
- Plan is to send information out to parents about the SO Happy App soon. The app will provide nutritional information about the food menu items.

Katharine Collier-Esser, M.A.,NCC, LPC, LCDC, presented on the Play It Safe! Program

- Play It Safe! is a Child Abuse Prevention program
- Several campuses in KISD are utilizing the program
- Program is scripted, so all children regardless of campus or classroom hear the same program
- Content is age appropriate
- Program is designed to be taught classroom style
- Employees from the Women's Center provide the trainings
- There is no cost for the trainings
- Parent can preview the program and Opt Out of the program if desired

The council discussed the Play It Safe! Program and encouraged the district to utilize the same type of program district-wide, so that if a child was to change campuses, he/she would not miss the ongoing message. The council liked that the program is taught in the classroom setting, so a child is more likely to feel safe to ask questions and provide feedback.

Sheri Rich provided updates on Employee Wellness

- Employee Biometric Screenings are currently going on throughout the district
- District will have a summer activity challenge again this summer. Employees can enter with 3-5 team members.

Cindy Parsons, RN, BSN provided updates on Health Services

- Update on Feb 27<sup>th</sup> Be Prepared! Stay Health! Event. The event was successful. We had approx. 300-350 participants. We received good feedback from participants.
- Health Services will sponsor a Back To School event next year on August 7<sup>th</sup>. The event will offer Immunizations, Vision Screenings, Dental Screenings, Telemedicine Registration, etc.
- Telemedicine will go district-wide next year