
District Educational Improvement Committee (DEIC) Meeting

— November 8, 2018 —

DEIC Agenda

Topic	Presenter
Welcome	Jennifer Price, Director of Assessment & Accountability
State of the District	Dr. Rick Westfall, Superintendent
Workforce Focus	Tommie Johnson, Sheri Rich, Sarah Johnson Human Resources Leadership Team Members
2019-2020 Instructional Calendar Preview	Dustin Blank, Assistant Superintendent of Student Services

State of the District Q&A

Dr. Rick Westfall, Superintendent

Workforce Focus

**Sheri Rich and Sarah Johnson,
Human Resources Leadership Team Members**

Keller ISD

Employee
Health &
Wellness

November 8, 2018



Keller ISD
Working on Wellne



KISD Employee Health & Wellness Center (K-Well)

- Employees, Spouses and children (over the age of 2)
- Acute, Wellness or Coaching Visits
- Appointments
www.marathon-health.com/myphr
call (817)993-6889
- Cost



KWOW Award: Five C's

- **KISD Employee Wellness Program by Campus/Building Level**
 - Recognizes continued growth of a Wellness Culture
- **Bronze, Silver, Gold and Platinum Recognitions**
- **KWOW Checklist**
- **KWOW Application**
 - Application Deadline: June 14, 2019

Keller Working On Wellness Award

Award Mission/Purpose: To recognize faculty and staff that continue to grow a wellness culture within their campus/building at Keller ISD. We know this requires active engagement and ownership at the campus/building level. The KWOW Award seeks to distinguish those sites that go above and beyond to improve and foster a culture of health and wellbeing.

	Bronze ★	Silver ★★	Gold ★★★	Platinum ★★★★★
Wellness Committee				
• Meets regularly	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
• Publishes book of minutes and employees	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Health Check/Assess				
• Healthiest with health resources & recognition	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
• Healthy food & drink options at all staff meetings	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
• Healthy learning/education wellness activity	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Partners in KWOW Initiatives (campus chosen)				
• No Dry Shrink Challenge	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
• Volunteer Dash 50/100k Fun Run Health Expo	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
• Healthy Challenge	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
• Annual Weight Loss in Step Challenge	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
• No Red Campaign	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
• Summer Physical Activity Challenge	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
• No other wellness activity please specify:				
Additional Wellness Activities				
• Organizational safety presentation provided to all employees	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
• Wellness presentation provided to parent/guardian of all students	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Applicant Information

First Name: _____ Last Name: _____
 Title or Role: _____ Campus/Building: _____
 Email: _____ Phone: _____

Please indicate the award level you are applying for:
 Bronze Silver Gold Platinum

Must provide documentation of all completed initiatives such as attendance sheets or posters, minutes, newsletters and team member reports. Campus can choose which KWOW initiatives to participate in and may create their own. Application and documentation due June 14, 2019. Check marks indicate required items to be completed.

For more information or questions contact:
 Award Director, Wellness Coordinator at jeanette@kellerisd.net or 817-363-9137 or
 Sheri Koch, Director of Benefits at skoch@kellerisd.net or 817-344-3087



Keller Working On Wellness

Keller Working On Wellness is a commitment to support all employees' health and wellbeing by providing a quality wellness program that will help the physical, emotional, social and financial areas of their lives. Keller ISD is proud to be a leader in the community inspiring employees to lead healthier lives which makes them happy, healthy and productive.

KWOW Mission/Values: Educate, empower and inspire employees to make healthy lifestyle choices by providing a supportive community with health and wellbeing learning opportunities, so they may reach their full potential at work and positively impact the lives of others.

We achieve this through the following:



KWOW Winners for 2017-2018

- **Gold Level**
 - Timbercreek High School
- **Silver Level**
 - Liberty Elementary
 - Keller-Harvel Elementary
- **Bronze Level**
 - Timberview Middle School



Go Red Campaign



American
Heart
Association.

- *Go Red Video:*
- 2nd Annual Go Red District Heart Challenge
- Donate \$20 to the American Heart Association
- The campus with the highest percentage of participation will receive a healthy breakfast donated from the American Heart Association and be named the Keller ISD Heart Champion
- 2018 Heart Champion: Indian Springs Middle School



**DISTRICT
HEART
CHALLENGE™**

Stress Reduction Series

- Six Week Course on Mindfulness Based Stress Reduction
 - When: January 22, 2019 - February 26, 2019
 - Where: Rio Grande Room/Annex
 - Time: 4:30 to 5:30 PM
- Sign up through Eduphoria/Benefits & Wellness
- Mindfulness Based Stress Reduction 6-Week Series
 - **Week One:** Introduction to Mindfulness
 - **Week Two:** Stress Management and the Body
 - **Week Three:** Stress Management and the Brain
 - **Week Four:** Mindfulness and Communication/Using Technology Mindfully
 - **Week Five:** Working with Difficult Emotions
 - **Week Six:** Developing a Personal Mindfulness Practice



Courtyard and Walking Map

- Courtyard Open
 - Meetings
 - Lunch
 - Keys/Main Gate
 - Umbrellas
- Walking Map
 - Inside
 - Outside





Fitness Breaks

- KISD Encourages and Supports
 - Health lifestyles
- Fitness Breaks
 - Activity
 - Description
 - Picture
 - Task



No Soda November

- November 1st - 30th
- Sign up now by following @kisdwellness on Twitter
- Click on the google form <https://goo.gl/forms/LsxjfJNm3igUZMA73>
- You will be provided with a calendar to track your progress as well as weekly resources
- Turn in your tracking sheets by Dec 5th to janiel.werner@kellerisd.net
- Raffle drawing December 7th for several *Prizes!*



Planksgiving Challenge

- When: November 19th - 30th
- Sign up now by following @kisdwellness on Twitter
 - Click on the google form <https://goo.gl/forms/uhNhyflcBMQOAl0b2>
- You will be provided with a calendar to track your progress as well as weekly resources
- Take a selfie and post with the #KISDplanksgiving
- Turn in your tracking sheets by Dec 5th to janiel.werner@kellerisd.net
- Raffle drawing December 7th for several *Prizes!*

Workers' Compensation & Safety

Safety Resources



Safety Topic Checklist

Use this spreadsheet to track your campus/department trainings.



Safety Meeting Roster

Use this roster to document attendance of monthly safety meetings.



Supervisor Tips & Resources

Additional information on being an effective Safety Manager & training materials.



Custodians



Distribution



Maintenance



Grounds



Child Nutrition



Report a Safety Concern

We value your feedback! Report your concerns and corrective action.

Reporting Safety Concerns



Report a Safety Concern

Always report safety hazards immediately to your supervisor.

Name:

Your answer

Location of Hazard / Concern:

Your answer

Description of Hazard:

Your answer

Suggested Corrective Action:

Your answer

SUBMIT

Never submit passwords through Google Forms.

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Google Forms

Training Opportunities

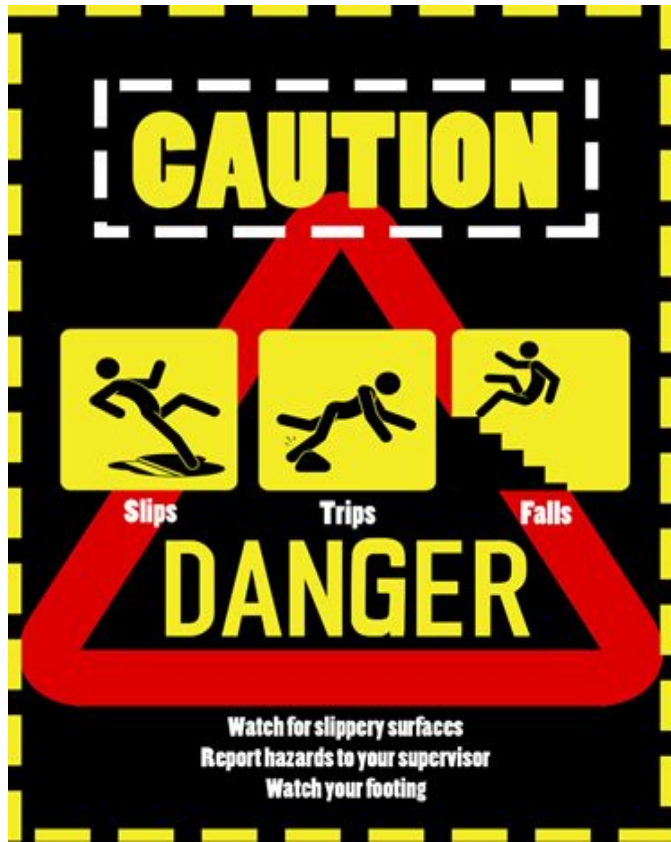
- Ergonomics
- Accident Investigations
- Link between Health, Well-being, and Safety



This is Why I Work Safe



Slip, Trip, & Fall Posters



Questions



2019-2020

Instructional Calendar Preview

Dustin Blank,
Assistant Superintendent of Student Services

2019-20 Instructional Calendar Considerations

Roll Up Components

- Start August 14th - 3 day week
- Winter break starts December 19th - Balanced Semesters
- Spring break aligned with Tarrant Community College
- School out before Memorial Day

New Components

- February 3 day weekend - Presidents Day
- State assessment window during last week of school - Grades 3rd - 8th

Questions



Next Meeting

Thursday, January 17, 2019
Education Center, Texas I & IV Rooms
4:15 - 5:30 p.m.

Agenda Item	Presenter
State of the District	Dr. Rick Westfall, Superintendent
Drop-Out Prevention Report	Jennifer Fleming, Director of Guidance & Counseling
Finance Update	Mark Youngs, Chief Financial Officer
TEA Expedited Waivers	Cecil McDaniel, Chief of Schools
DEIC Elections Process Overview	Jennifer Price, Director of Assessment & Accountability

Questions

