

Freezer & Refrigerated Storage Instructions

Meal items should be refrigerated or frozen within 2 hours of meal pickup and kept refrigerated or frozen until ready to consume or cook (where appropriate). Items that require proper heating before consuming have heating instructions included.

Thaw & Serve Instructions

Products should be placed immediately in the freezer, and if applicable, thawed under refrigeration for consumption. For your safety, thawed products should be disposed of in 3-7 days, if not consumed. The following items can be consumed once re-heated. Once heated, the product should be discarded after 6 hours if not consumed.

Heating Instructions

Mini Corn Dogs

For best results, cook from a frozen state. Reheat to 140°F before consumption.

Microwave: Remove food item from metal packaging. Heat on high for 45-50 seconds

Conventional Oven: 350°F for 16-18 minutes (cooking times vary depending on variances in ovens)

Cheesy Breadsticks

For best results, cook from a frozen state in the oven.

Heat to 140°F before consumption.

Conventional Oven: 400°F for 14-17 minutes (cooking times vary depending on variances in ovens)

Burrito

Heat to 140°F before consumption.

Microwave: Remove food item from metal packaging, frozen 2-3 minutes on high, thawed 1-2 minutes on high

Conventional Oven: frozen 325°F 20-25 minutes, thawed 14-20 minutes (cooking times vary depending on variances in ovens)

Cheese or Pepperoni Pizza

For best results, cook from a frozen state in the oven.

Heat to 140°F before consumption.

Conventional Oven: 400°F for approximately 15 minutes (cooking times vary depending on variances in ovens)

Spaghetti/Chili Mac/Chicken Alfredo Bake/Broccoli Rice Casserole/Macaroni & Cheese/Chicken

Teriyaki with Rice

Heat to 165°F before consumption

Microwave

Thawed: Remove food item from metal packaging, transfer to a microwave-safe dish, loosely cover. Heat on high for 1 minute, check if heated through. If needed, stir and heat for additional 30 second intervals until heated through.

Conventional Oven

Frozen: Take food out of freezer and let rest on counter while oven is preheating to 350 degrees F. Bake for 10 minutes and check if heated through. If needed, heat for an additional 5 minutes until heated through.

Frozen Vegetables

Steam frozen vegetables by placing them in a microwave-safe dish and adding a few tablespoons of water. Microwave veggies in 90- second intervals, stirring and checking for desired doneness after each interval.