



Keller Independent School District

Athletic Concussion Guidelines for Middle School Nurses

H.B. 2038- Law governing concussion protocols in public schools

The district's Concussion Oversight Team was approved by the Keller Board of Trustees on August 18, 2011. The physician serving on the COT is Dr. Damond Blueitt, MD.

Resources for Concussion training-

Addressing Concussions in Sports Among Kids and Teens

<https://www.cdc.gov/headsup/resources/training.html>

Concussion in Sports

<https://nfhslearn.com/courses?searchText=Concussion>

The athletic department has developed a Concussion Management Protocol for athletic trainers to follow (see Concussion Management Protocol). This guideline includes the nurse's role in supporting this process.

- If student is sent to clinic with a head injury, provide nursing assessment, complete Health Services Head Injury form and notify parent/guardian. Document in electronic health record.
- If student is an athlete, nurse would also have student complete Concussion Symptom Sheet provided by Athletic Trainer. Notify athletic trainer and coach of the injury. Keep parent/guardian in the loop.
- Nurse should document all student assessments, nursing care provided, conversations with parents, athletic trainers, coaches, etc in electronic health record.
- Athletic Trainer will be in contact with parent/guardian regarding Concussion Protocol.
- Athletic student will return to clinic daily to complete Symptom Sheet until notified otherwise by Athletic trainer. Nurse will scan completed Symptom Sheet to Athletic Trainer when complete.
- If a physician's order regarding the Head Injury is returned to the School Nurse for an athletic student, the nurse should send a copy to the Athletic Trainer and Coach.
- When the Athletic Trainer advises, IMPACT Test should be completed per campus process. The school nurse should have a personal log-in and use a computer provided by athletics to sign the student into the program.
- The Athletic Trainer will communicate any changes and/or accommodations regarding Student's Treatment Plan to coaches, teachers, Assistant Principal and nurse.