

# 3rd Annual Monster Triathlon



**Place:** Keller Natatorium  
1000 Bear Creek Parkway  
Keller, Texas 76248

## KIDS

**Date:** Saturday, October 24, 2009  
**Time:** 7:30 AM

### Distance:

	Swim	Bike	Run
Ages 4-6	25 yds	1 Mile	1/3 Miles
Ages 7-10	50 yds	2 Miles	1 Mile
Ages 11-14	100 yds	3 Miles	1 Mile

Entry Fee: \$30.00

Come and join the spooks and experience firsthand the joy the kids feel crossing the finish line !!!

## ADULTS

**Date:** Sunday, October 25, 2009  
**Time:** 7:30 AM

### Distance:

Swim	300 meters
Bike	12 miles
Run	5K

**DON'T BE SCARED!!!**

**FOR MORE INFORMATION AND TO REGISTER GO TO:**

[www.monstertriathlon.com](http://www.monstertriathlon.com)

**Sponsored by:**

**KISD Athletic Department**

**&**

**Dallas Sports University**

