



BOARD OF SCHOOL TRUSTEES

## KELLER INDEPENDENT SCHOOL DISTRICT

---

**Report**

**Date: August 2011**

**SUBJECT: SCHOOL HEALTH ADVISORY COUNCIL ANNUAL REPORT**

**FUNCTION: Leadership**

**DISTRICT KEY STRATEGIC PRIORITY:**

- **Educational Excellence**
- **Excellence in Student, Parent and Community Relations**

**FISCAL NOTE: Budgeted Funds**

**Background Information:**

- School Health Advisory Council (SHAC) provides recommendations to the district on issues impacting student/employee health
- Majority of the members are parents who are not employed by the district
- Senate Bill 283 requires the SHAC to submit an annual report to the board

**Administrative Considerations:**

- The SHAC supports the Coordinated Health 8 Component Model and understand that it requires all departments working together to meet the optimal health and well-being of students and employees.
- SHAC selected Mary Ellen Strickland as the co-chair of the council.
- SHAC developed a sub-committee to work on an Asthma Initiative with Cook Children's Health Care System. The subcommittee reviewed the Cook Children's CCHAPS data/district data and developed a 5 yr strategic plan to reduce the number of KISD student/employees negatively impacted by asthmatic episodes.
- The SHAC reviewed the national initiative, Lets Move: Americas Move to Raise a Healthier Generation of Kids program. The council explored ways to become further involved in this national initiative.
- The SHAC reviewed and made recommendations to the KISD administration to provide a policy or Administrative Regulation that would prohibit physical activity to be used as a form of punishment. The council also recommended that campuses not be allowed to provide students "sweets" as rewards.
- SHAC recommended that the district complete the Center for Disease Control School Health Index Survey to review district/campus strengths and weakness related to

student/employee health. Bonnie Newcombe volunteered to coordinate the survey through the PE department. Results are expected to be presented to the committee before the end of the 10-11 school year.

- SHAC discussed establishing a district JPS/Keller ISD School Based Health center. The council participated in an evening educational program to discuss this initiative. JPS representatives were available to answer questions. The SHAC council is supportive of establishing a Keller ISD/JPS School Based Health clinic.
- Cindy Parsons, BSN, RN, Scott Kessel, Heather Steen, LePaula Smith and Frank DiNella provided periodic updates to the council about the Health Services, Guidance and Counseling, Health/PE and Indoor Air Quality programs.
- Paula Presley discussed the district's nutrition department, Healthier US School Challenge, Farms to Schools program and the Kids Cooking contest.
- The SHAC council participated in TEA's webinars providing education about Coordinated School Health programs.
- Council members participated in the 6<sup>th</sup> Annual School Walk for Diabetes.

**Communication Deployment:**

- Board Meeting Minutes
- District Website
- Department Website

+++++

Respectfully submitted,

Cindy Parsons, BSN, RN  
Director of Health Services